



**catholic
charities**

Diocese of Joliet

catholiccharitiesjoliet.org

Counseling Services

Serving Will, Grundy, DuPage, Kendall, Kankakee, Ford & Iroquois Counties

815-723-0331



Catholic Charities Counseling Services

provides outpatient counseling to the communities of DuPage, Will, Grundy, Kendall, Kankakee, Ford, and Iroquois counties. Individual, group, family, and couples therapy are provided, in addition to specialized services such as anger management groups and preventative education programs.

Special accommodations can be made to individuals and families who are struggling financially, and who qualify for services at a reduced fee.

Most major insurance accepted. Please call 800-240-7011 to verify our current list of insurance providers.

Evaluation

Counseling staff conduct comprehensive assessments for individuals of all ages. These evaluations help determine what issues the client is facing and how he/she can best be empowered to resolve them.

Services

We provide a range of therapeutic services that preserve, strengthen, and protect the emotional well-being of each client. We serve individuals who come from diverse racial, ethnic and spiritual backgrounds, with counseling that is sensitive to cultural difference.

- **Children & Adolescents** – Our counselors provide therapy for youth and their families. Counselors are trained in a variety of specialties to help children who experience emotional and behavioral difficulties, including adjustment issues, attachment disorders, oppositional

and defiant behavior, conduct related concerns, school difficulties, social skills deficits, and childhood depression and anxiety.

- **Couples** – Trained and experienced counselors provide relationship therapy and pre-marriage evaluations.
- **Adults** – Our counselors have broad experience working with adults who are experiencing a wide spectrum of life challenges, including anxiety, depression, life transitions, loss and bereavement, interpersonal difficulties, and developmental disabilities.
- **Families** – We offer family counseling in conjunction with child and adolescent counseling.



School Counseling

Catholic Charities provides school counseling services at a variety of schools throughout the Diocese of Joliet. The role of a school counselor includes providing crisis intervention, support, and case management for students. The counselors are also available to offer staff support and address any classroom needs/concerns. For more information about our services or to schedule an appointment, please call

800-240-7011.

Mission

We are a faith-based organization providing service to people in need and calling others of good will to do the same.

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