



**catholic
charities**
Diocese of Joliet



School Counseling

Services

Catholic Charities' School Counseling Services help students grow their social/emotional development and remove barriers to academic achievement.

Services Provided:

- ✓ **Basic Emotional Assessments**
- ✓ **Weekly/Bi-weekly/Monthly individual counseling sessions to address:**
 - Anxiety
 - Depression
 - ADHD
 - Anger management
 - Behavior modification
 - Emotional regulation/processing
- ✓ **Conflict Resolution**
 - Mediation
- ✓ **Classroom Presentations**
 - Suicide prevention and self-harm
 - Bully prevention
 - Social media safety
 - Kindness
 - Test-taking strategies
 - Many more
- ✓ **Lunch Groups**
 - Social skill building
 - Team building
 - Anxiety
 - Many more
- ✓ **Crisis Management**
- ✓ **Teacher/Staff Support**
- ✓ **Parent Support**
- ✓ **Outside referrals for further evaluations, counseling, and treatment as needed.**

For additional information and pricing, contact Lisa Sumrow, Supervisor of Counseling

✉ lsumrow@cc-doj.org

☎ **815-306-0334**



We are a faith-based organization providing service to people in need and calling others of good will to do the same.