



**AmeriCorps
Seniors**



**catholic
charities**
Diocese of Joliet

Senior Companion Program

Serving Grundy, Iroquois, Kankakee,
and Will Counties

(815)-933-7791 X 9928

americorpsseniors@cc-doj.org

What is the Senior Companion Program?

The Senior Companion Program is a volunteer service initiative for people aged 55+ to provide assistance and friendship to older adults who are homebound, isolated, and/or living alone. Senior



Companion Volunteers provide socialization, occasional transportation, and respite care to relieve caregivers temporarily.

Who can have a Senior Companion?

Clients of the Senior Companion Program are primarily older adults who are homebound (no longer drive) and need assistance to continue living independently in their homes. Clients receive weekly scheduled visits from a Senior Companion. This is a free service.





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Senior Companions assist with daily living tasks such as:

- Assisting with light meal preparation
- Providing transportation for grocery shopping and running errands locally
- Playing cards, board games, or puzzles
- Providing transportation to doctor's appointments
- Offering socialization, friendship, and companionship
- Providing respite care to family members



Mission

We are a faith-based organization providing service to people in need and calling others of good will to do the same.

